## An original walking composed of a ballistic single-support and a finite time double-support motions. JNRH 2020, 26-27 June 2020

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June 24, 2020



#### Motivation.

- To define a walking motion with single support motion and a finite time double support motion.
- The planar biped has two identical legs, a trunk and two massless feet.

#### Strategy.

- The motion of the single support is defined with a boundary value problem combining position and speed conditions.
- During the single ankle torque controls the motion of the CoP
- During the double support the two feet rotate.



## Presentation outline

### Statement of problem.

- The walking motion.
- Mathematical model and design of the walking.
- Single-support motion: Boundary value problem with condition in position and velocities.
- Double-support motion: problem definition.
- Numerical results.



# The walking motion.





a) b) c) d) e) a) Initial configuration of biped in single support. b) Intermediate configuration in single support. c) Final configuration in single support – initial one in double support. d) Intermediate configuration in double support. e) Final configuration in double support – initial one in the next single-support motion.



# Mathematical model 1/2.

### Scheme of the biped and the assumption of the massless foot.



• assumption of the massless foot The weight of a humain foot is almost 0.600 kg  $\Rightarrow$  Their inertial effects are neglected.



### The dynamic motion and unilateral constraints.

- generalized vector
  - $\mathbf{x} = [q_1, q_2, q_3, q_4, q_5, x, y]^\top.$
- Mathematical model of the biped

$$\mathbf{A}(\mathbf{x})\mathbf{x} + \mathbf{H}(\mathbf{x}, \dot{\mathbf{x}})\dot{\mathbf{x}} + g\mathbf{G}(\mathbf{x}) = \mathbf{D}\mathbf{\Gamma} + \mathbf{J}_{\mathbf{r}_1}^{\top}\mathbf{r}_1 + \mathbf{J}_{\mathbf{r}_2}^{\top}\mathbf{r}_2, \quad (1)$$

• The following constraint equations are correct when the front or/and rear leg is/are on the bearing surface.

$$\mathbf{J}_{\mathbf{r}_i}\ddot{\mathbf{x}} + \dot{\mathbf{J}}_{\mathbf{r}_i}\dot{\mathbf{x}} = \mathbf{0}$$
 for  $i = 1$  or/and 2. (2)



#### The main characteristics of the single support.

• Let leg 1 be the supporting leg:

• Nine scalar equations (model and constraints) to find the unknown variables ( $\ddot{\mathbf{x}}$ ,  $\Gamma_5$ , and the two components of  $\mathbf{r}_1$ ).  $\Rightarrow$  To overcome this difficulty The trajectory of the CoP is defined with a polynomial function in time  $l_x(t)$ .

$$\begin{bmatrix} \mathbf{A}(\mathbf{x}) & -\mathbf{d}_{5}l_{y} + \mathbf{j}_{\mathbf{r}_{11}}^{\top} & -\mathbf{d}_{5}l_{x} + \mathbf{j}_{\mathbf{r}_{12}}^{\top} \\ \mathbf{J}_{\mathbf{r}_{1}} & \mathbf{0}_{2\times 1} & \mathbf{0}_{2\times 1} \end{bmatrix} \begin{bmatrix} \ddot{\mathbf{x}} \\ r_{1x} \\ r_{1y} \end{bmatrix} = \begin{bmatrix} -\mathbf{H}(\mathbf{x}, \dot{\mathbf{x}})\dot{\mathbf{x}} - g\mathbf{G}(\mathbf{x}) \\ -\dot{\mathbf{J}}_{\mathbf{r}_{1}}\dot{\mathbf{x}} \end{bmatrix},$$

# The single support 2/3

### The trajectory of the CoP from the heel to the toe.





#### The Boundary value problem.

• The five initial velocities  $\dot{q}_i(0)$ , length of the step d and duration  $T_{SS}$  of the single support motion are calculated to reach the final configuration from the initial one and satisfying two velocities conditions.



• To avoid improper contact with the terrain at the initial moment of single support.

$$V_{a_2}(0) \cdot a_2 t_2(0) = 0 \tag{5}$$

• No impact at the end of the single support.

$$V_{\mathbf{a}_2}(T_{SS}) \cdot \mathbf{a}_2 \mathbf{h}_2(T_{SS}) = 0 \tag{6}$$



Double support motion: 1/2

The main characteristics of the double support motion.

• The two feet rotate:



- Trajectories of  $\mathbf{a_1}$  and  $\mathbf{a_2}$  are circles: Knowledge of  $q_{p1}$  and  $q_{p2} \Rightarrow x_{\mathbf{a_1}}, y_{\mathbf{a_1}}, x_{\mathbf{a_1}}$ ,  $x_{\mathbf{a_1}}$ , and  $y_{\mathbf{a_2}}$ .
- Knowledge of  $x_{a_1}$ ,  $y_{a_1}$ ,  $q_1$ , and  $q_2 \Rightarrow x$  and y (DGM).
- Knowledge of x, y,  $x_{a_2}$ , and  $y_{a_2} \Rightarrow q_3$  and  $q_4$  (IGM).
- Variables  $q_{p1}$ ,  $q_{p2}$  (orientations of feet),  $q_1$ ,  $q_2$ ,  $q_5$ , are defined with polynomial functions in time.
- 7 scalar equations; 10 unknown equations (6 Torques and 4 components of **r**<sub>1</sub> and **r**<sub>2</sub>).



## Double support motion: 2/2

#### Equation to describe the double support motion.

• Equilibrium equations of the feet

$$\bar{f}_5 = (x_{t_1} - x_{a_1})r_{1y} - (y_{t_1} - y_{a_1})r_{1x}, \quad \bar{f}_6 = (x_{h_2} - x_{a_2})r_{2y} - (y_{h_2} - y_{a_2})r_{2x}.$$

The horizontal component r<sub>1x</sub> is defined with polynomial functions in time.
⇒ Motion equation.

$$\mathbf{A}(\mathbf{x})\ddot{\mathbf{x}} + \mathbf{H}(\mathbf{x},\dot{\mathbf{x}})\dot{\mathbf{x}} + g\mathbf{G}(\mathbf{x}) - (\mathbf{j}_{r_{11}}^{\top} - \mathbf{d}_5(y_{t_1} - y_{a_1}))r_{1x} =$$

$$\begin{bmatrix} \mathbf{D}_{14} & \mathbf{j}_{\mathbf{r}_{12}}^{\top} + \mathbf{d}_5(x_{\mathbf{t}_1} - x_{\mathbf{a}_1}) & \mathbf{J}_{\mathbf{r}_2}^{\top} + \mathbf{d}_6 \begin{bmatrix} -(y_{\mathbf{h}_2} - y_{\mathbf{a}_2}) & x_{\mathbf{h}_2} - x_{\mathbf{a}_2} \end{bmatrix} \end{bmatrix} \begin{bmatrix} \mathbf{F}_4 \\ r_{1y} \\ r_{2x} \\ r_{2x} \end{bmatrix}$$

 $\Gamma_1$  $\Gamma_2$  Numerical parameters 2/2.

### Physical parameters close to those of humans.

	Mass ( <i>kg</i> )	Length ( <i>m</i> )	Inertia moment ( <i>kg</i> ⋅ <i>m</i> <sup>2</sup> )	Center of mass ( <i>m</i> )
Human shin	$m_s = 4.6$	<i>l<sub>s</sub></i> = 0.55	<i>l<sub>s</sub></i> = 0.0521	<i>s<sub>s</sub></i> = 0.324
Human thigh	$m_t = 8.6$	<i>l</i> <sub>t</sub> = 0.45	$I_t = 0.75$	$s_t = 0.18$
Human trunk	$m_T = 48.6$	$l_p = 0.75$	$I_{T} = 11.3$	$s_{T} = 0.386$
Foot, <i>COP</i> excursion	$m_{f} = 0.0$	$l_f = 0.04$ $L_f = 0.07$ $l_y = 0.07$	$I_{f} = 0.00$	



#### The durations of the two phases.

- $T_{SS} = 0.3506$  s;  $T_{DS} = 0.1753$  s  $(T_{DS} = \frac{T_{SS}}{2})$ .
- For  $T_DS$  values lower than  $\frac{T_{SS}}{2}$ : Impossible to obtain a double support motion that satisfies the unilateral constraints.
- Percentage of the finite time double support motion, with respect to the complete cycle, which corresponds to two walking step: 17%
- This percentage is coherent with human data, see
  - Rose, J., and Gamble, G. Human Walking, Third Edition. Lippincott Williams & Wilkins, 2006.
  - Winter, W. Biomechanics and Motor Control of Human Movement. Fourth Edition, John Wiley & Sons, Inc., 2009.



# Numerical results 1/6

### The ground reactions acting in the two feet during the walking step.





## Numerical results 2/6

### Torque in the leg 1 during the walking step.





## Numerical results 3/6

### Orientation of the two feet during the double support motion.





## Numerical results 4/6

#### Torques in the two ankles during the double support motion.





## Numerical results 5/6

### Joint angles in knees and hips for the two legs.





# Numerical results 6/6

### Torques in knees and hips of two legs during the double support motion.



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#### Conclusion

- A ballistic motion is define to design the single support..
- A torque applied in the ankle joint of the stance foot controls a trajectory of the CoP under the sole.
- Thanks to the conditions of the velocities we can any collision of the transfer leg with the ground and an impact at the end of the single support.
- A *distribution in time* of the double support allows to get a cyclic gait with the torques of finite magnitude.



#### Perspectives

- One objective is to explore a starting phase that beginning with sequence of a finite time double support and a ballistic walking motion to reach a periodic motion and its dual problem with a stopping phase.
- A second objective is to extend the study about a passive exoskeleton to investigate how the reduce the torques proved by human.



Thank you for your attention.

